



LUNDS UNIVERSITET
Medicinska fakulteten

Mental Illness and Psychosocial Interventions – A Nordic Perspective within Specialist Nursing *3 ECTS*

Course description and course level:

The course is on a graduate level, MSc, DPN/Specialist Nursing. The course content has both a national and an international approach and includes material and discussions on mental illness and psychosocial interventions from an advanced nursing specialist perspective and in different areas of health care. Course participation includes scholarly presentations, student paper presentations, discussions, group work, and a field trip to health care facilities in or around Lund.

Participating universities:

Nordsne network members:

Riga Stradins University, Latvia; University of Iceland, Iceland; Karlstad University, Sweden and Lund University, Sweden

Specially invited:

Hong Kong Polytechnic University and University of Jordan.

Course objectives and learning outcomes:

To learn about mental health care systems and how to solve challenges in health care

To promote collaboration and increase understanding of cultural differences

To get an understanding of the specialist nursing programs in the Nordplus countries

To identify and gain a wider perspective upon the profession internationally

Preparatory work to be completed before arrival:

Five scientific articles on the theme mental illness and psychosocial interventions will be distributed prior to the course. Students participating in the intensive course will need to read and reflect on the content of these articles by formulating one question to each article. These questions will be useful for the case activities during the week.

Course coordinators, Professors and lecturers:

Karin Björkman Björkelund, Lund University, Sweden

Jan-Åke Hansson, Lund University, Sweden

Teresa Svarvell, Lund University, Sweden

Lars Hansson, Lund University, Sweden

Bengt Svensson, Lund University, Sweden

Sigrid Stjärnsvärd, Lund University, Sweden



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Monday, May 18

	Arrival and check-in	Participating
13.15-13.30	Welcome to Lund University, Health Science Centre, Lecture Hall H01	Karin Björkman Björkelund, Director of studies
13.30-14.30	Key note speaker <i>Evidence Based Practice in Mental Health Care</i>	Lars Hansson, Professor, Centre for Evidence Based Interventions (CEPI), Lund University
14.30-15.15	Tour of Health Sciences Centre incl coffee break	
15.15-16.15	Students meeting in working groups (Group activity)	
16.15-17.00	Reassembling	

Tuesday, May 19

08.30-11.30	Introduction: <i>Mental Health Problems in the Population, Mental Literacy and Mental Health First Aid</i> (Lecture)	Bengt Svensson, Assoc.Prof. CEPI
11.30-12.30	Lunch	
12.30-13.30	<i>Stigma and Discriminations of People with Mental Illness</i> (Lecture)	Bengt Svensson, Assoc.Prof. CEPI
13.30-16.00	Group work: Case Incl refreshments	Participating teachers
16.00-17.30	Tour of Lund	Teresa Svarvell, International Office

Wednesday, May 20

09.00-10.00	<i>District Nurse Meeting with Mental Ill Patients in Primary Care</i> (Lecture)	Josefine Svensson, PD in Spec Nursing - Primary Health Care, MSc
	Refreshments	
10.30-11.30	<i>New Technologies in Treatment and Support, with Focus on Families Living with Mental Illness</i> (Lecture)	Sigrid Stjernswärd, Assoc.Prof. CEPI
11.30-12.30	Lunch	
12.30-16.30	Group work: Case / Clinical visits	Participating teachers, clinical contacts
18.00	Social event for students (arranged by Swedish students)	



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Thursday, May 21 – Excursion to Ystad and Österlen

08.00	Meeting point Lund, central station Excursion to Österlen and Ystad (<i>South-eastern part of Scania</i>)	Teresa Svarvell, International Office Jan-Åke Hansson, Assoc.prof
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Friday, May 22

08.30-10.30	Group work case, preparing presentations Incl refreshments	Jan-Åke Hansson, Assoc.prof.
10.30-12.00	Student groups presentation and discussions	Bengt Svensson, Assoc.Prof. CEPI Jan-Åke Hansson, Assoc.prof.
12.00-12.30	Closing address	Jan-Åke Hansson, Assoc.prof.